Chart of Evidence-Based Screening Tools for Adults and Adolescents

The table below includes examples of trusted screening tools that are easy to use and available at no charge.

Screening Tool	Substance type		Patient age		How tool is administered	
	Alcohol	Drugs	Adults	Adolescents	Self-administered	Clinician-administered
Prescreen						
NIDA Drug Use Screening Tool: Quick Screen	X	X	X	See APA Adapted NM ASSIST tools	See APA Adapted NM ASSIST tools	X
CRAFFT (Part A)	X	X		X	X	X
Alcohol Use Disorders Identification Test-C (AUDIT-C)	X		X		X	X
Opioid Risk Tool		X	X		X	
Full Screens						
NIDA Drug Use Screening Tool	X	X	X			X
Alcohol Use Disorders Identification Test (AUDIT)	X		X			X
CAGE-AID	X	X	X			X
CAGE	X		X			X
Drug Abuse Screen Test (DAST-10)		X	X		X	X
CRAFFT	X	X		X	X	X
DAST-20: Adolescent version		X		X	X	X

Card 1 (top left)

NIAAA GUIDELINES

LOW-RISK DRINKING LIMITS		
	Drinks/week	Drinks/day
Men	14	4
Women	7	3
All age >65	7	3

- No use for pregnant women
- No use for ages 18 – legal drinking age
- No illegal drug use
- No non-medical prescription drug use

CATEGORIES OF USE

IV — Dependent: 5% (High Risk)
III — Harmful: 8% (Moderate Risk)
II — Risky: 9% (Moderate Risk)
I — Low risk or Abstain: 78%

NOT AT ALL 0 1 2 3 4 5 6 7 8 9 10 VERY

Adapted from Oregon's SBIRT Project

Card 2 (top right)

I Low Risk/Abstain	II Risky	III Harmful	IV Dependent
Low Risk AUDIT: 0-7 DAST: 0 ASSIST: 0-3, 0-10 (alcohol)	Moderate Risk AUDIT: 8-19 DAST: 1-5 ASSIST: 4-26		High Risk AUDIT: 20+ DAST: 6 ASSIST: 27+

STEPS OF THE BRIEF INTERVENTION

Raise the subject — "If it's okay with you, let's take a minute to talk about the screening form you've filled out today."

Provide feedback — "As your dentist, I can tell you that tobacco use, drinking, or drug use at this level can be harmful to your oral health, physical health or be associated with other problems you are experiencing."

Enhance motivation
- "On a scale of 0-10, how ready are you to cut back?"
- If >0: "Why that number and not a _____ (lower one)?"
- If 0: "Have you ever done anything while drinking (using drugs) that you later regretted?"

Negotiate plan
- "What steps can you take to cut back your use?"
- "How would your tobacco use, drinking, or drug use have to impact your life in order for you to start thinking about cutting back?"

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Card 3 (bottom left)

SCORING THE CRAFFT SCREENING TOOL*

ANSWERS	RISK	ACTION
"No" to 3 opening questions	Low risk	Positive reinforcement
"Yes" to Car question	Driving/Riding risk	Discuss safety plan (contract for life)
CRAFFT score = 0	Moderate risk	Brief advice
CRAFFT score = 1	Moderate risk	Brief intervention
CRAFFT score ≥ 2	High risk	Referral for further assessment

*validated for ages 14–21

NOT AT ALL 0 1 2 3 4 5 6 7 8 9 10 VERY

Adapted from Oregon's SBIRT Project

Card 4 (bottom right)

STEPS OF THE BRIEF INTERVENTION

Raise the subject — "Is it okay with you if we go over the questions you filled out today?" If yes: "I'd like to hear more about your use."

Provide feedback — "As your dentist, I recommend not to use alcohol, tobacco, or drugs at all. Substance use can harm brain development in adolescents, as well as increase the risk of oral disease, car accidents, injuries, failing in school and other problems."

Enhance motivation — "On a scale of 0-10, how ready are you to stop drinking/using? . . . . Why that number and not a _____ (lower number)?"

Negotiate plan — "What would make it easier to stop using drugs, tobacco, or alcohol?" Or, "How could your use impact your life so that you would start thinking about not smoking, drinking or using?"

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